A growing concern; [Final Edition]
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Interview with Kristina Bouris.

WHO: Kristina Bouris, 26, University of B.C. Farm Community Outreach Co-ordinator.

Challenge: "Trying to keep small gains in sight while knowing the UBC Farm is threatened by total housing development."

Action: "I focus on what we have to offer rather than what we have to lose. There is an organic market garden, a strong and energetic volunteer program, school field trips and UBC student involvement on a research basis. If I stay with the day-to-day, I don't think about bulldozers at the gate."

Challenge: "Getting the community interested in local food supply and eating products of the season."

Action: "We hold a weekly farm market, selling vegetables, herbs, eggs,and flowers. We try to make people aware that they can influence restaurants and grocery stores into using or carrying B.C. products. We encourage visitors to taste food that was grown a few metres away and encourage them to talk to the people who grew it.

"We sell to the Sage Bistro and UBC Food Services here on campus and we host a big annual food event, Feast of Fields, to connect restaurants with local producers."

Challenge: "To keep balance in my life. I love my job but it is condensed into our four-month growing season and can be intense."

Action: "I make an effort to get away. I travel and I hike and visit other farm markets. I wanted to see more of my friends, so I invited them to volunteer here.

"Food is about valuing the quality of life. Watching things grow, watching people working with the crops reminds me to celebrate the small things in life every day."